



**CARERS' WA  
FAMILY LEADERSHIP AND INITIATIVE PROGRAM  
"TRAINING WORKSHOPS FOR THE MULTICULTURAL CARERS"  
ENDING 31 DECEMBER 2006**

**REPORT**

**ACTIVITIES UNDERTAKEN:**

**Focus Group**

A focus group meeting between representatives of the Multicultural Carers group and EDAC took place early in the year to finalise the list of topics that would meet the needs of the carers. The selected topics covered a wide range of issues from financial planning to sexuality. Training workshops were provided for basic skills for First Aid and self-advocacy.

An action plan was developed by the group taking considerations of the project objectives and funding. It was successfully implemented.

**Workshops**

The table below provides the details of the workshops and the number of participants in each workshop.

DATE	LOCATION		SPEAKERS	Attend
15-Mar-06	EDAC	Genesys	Financial Planning Bruce Langoulant	19
17-May-06	Subiaco Community centre	Legal	Wills and Guardianship: Patrick Hughes	17
21-Jun-06	Subiaco Community centre	Information session 11.30 – 1.30	CentreLink Nick Tran: 0403 092 940	15
5-Jul-06	Cambridge Conference Centre	Introductory First Aid 10.30 – 12.30	St John Ambulance	18
16-Aug-06	Cambridge Conference Centre	Sexuality 10.00 – 1.00	SECCA	19
20-Sep-06	Cambridge Conference Centre	Look after yourself 10.15 – 1.00	CARERSWA Louise Markam 9202 8618	20
18-Oct-06	Cambridge Conference Centre	Speaking Out ("Let me speak") 10.30-1.00	EDAC Amy Berson	20
15-Nov-06	Cambridge Conference Centre	Planned Individual Network 10.30 – 12.30	Leah Ciancio-Maundy	21

## **WHAT WAS ACHIEVED THROUGH THIS INITIATIVE**

### **Number of Workshops**

A total of eight information and training workshops were delivered instead of the six budgeted for. There was a mix of information and skills oriented focus of the workshops.

### **Attendance**

The attendances for the workshops were consistently high as shown in the table above. The specially designed workshops allowed participants to freely participate and be involved in the session.

### **Topics**

Topics for each of the workshop were identified by the carers group as integral to achieving the aims of the project.

### **Evaluation**

Evaluation was carried out for each of the workshops with a response rate of over 70%. In general for all the workshops, over 95% responded that the workshops were useful, learnt new things, had pleasant experience, location to be satisfactory, satisfied with the organization and would recommend the workshop to friends. Copy of the questionnaire and the numerical analysis can be found attached.

## **WHO WAS INVOLVED IN THIS INITIATIVE**

No Male: 3  
No Female: 27

15 – 25  
26 – 40 8  
41 – 55 10  
55 – 70 12  
70+

No of Family Carers from NESB: All  
No of family carers from Aboriginal or Torres Strait Island background: Nil

### **ACKNOWLEDGEMENTS:**

It is acknowledged all of the people involved in the delivery of the workshops not only presented well but also involved the participants. Many of the presenters contributed their time voluntarily.

### **RECOMMENDATIONS:**

- 1 A similar program can be beneficial to other CaLD carers.
- 2 Specific skills training would be beneficial e.g. First Aid and further training in representing the carers and facilitating the person with disability to self advocate.

# CARERS PROJECT 2006



Thank you for your participation in the Carers Project 2006. We now need your opinion about the workshops which will form an important part of the report to Carers WA. Kindly mark your response to each of the statement to the workshop you attended. Your feedback is very important to us in responding to your needs. Please respond by ticking the appropriate boxes in response to the statement for the workshops you attended.

## 1 Financial- Wealth (Genesys) Workshop

	Strongly Disagree	Disagree	Agree	Strongly Agree
I found the workshop to be useful				
I learnt quite a lot of new things				
This workshop was a pleasant experience				
I am satisfied with the location (EDAC)				
I am satisfied with the organization of the workshop				
I would recommend this workshop to my friends				

## 2 Legal- Wills (Patrick Hughes) Workshop

	Strongly Disagree	Disagree	Agree	Strongly Agree
I found the workshop to be useful				
I learnt quite a lot of new things				
This workshop was a pleasant experience				
I am satisfied with the location (Subiaco)				
I am satisfied with the organisation of the workshop				
I would recommend this workshop to my friends				

## 3 CentreLink (Nick Tran) Workshop

	Strongly Disagree	Disagree	Agree	Strongly Agree
I found the workshop to be useful				
I learnt quite a lot of new things				
This workshop was a pleasant experience				
I am satisfied with the location (Subiaco)				
I am satisfied with the organisation of the workshop				
I would recommend this workshop to my friends				

## 4 St John Ambulance Workshop

	Strongly Disagree	Disagree	Agree	Strongly Agree
I found the workshop to be useful				
I learnt quite a lot of new things				
This workshop was a pleasant experience				
I am satisfied with the location (Cambridge)				
I am satisfied with the organisation of the workshop				
I would recommend this workshop to my friends				

5 SECCS- "Sexuality" Workshop

	Strongly Disagree	Disagree	Agree	Strongly Agree
I found the workshop to be useful				
I learnt quite a lot of new things				
This workshop was a pleasant experience				
I am satisfied with the location (Cambridge)				
I am satisfied with the organisation of the workshop				
I would recommend this workshop to my friends				

6 CARERS WA- "Look after yourself" Workshop

	Strongly Disagree	Disagree	Agree	Strongly Agree
I found the workshop to be useful				
I learnt quite a lot of new things				
This workshop was a pleasant experience				
I am satisfied with the location (Cambridge)				
I am satisfied with the organisation of the workshop				
I would recommend this workshop to my friends				

7 EDAC- "LET ME SPEAK" Workshop

	Strongly Disagree	Disagree	Agree	Strongly Agree
I found the workshop to be useful				
I learnt quite a lot of new things				
This workshop was a pleasant experience				
I am satisfied with the location (Cambridge)				
I am satisfied with the organisation of the workshop				
I would recommend this workshop to my friends				

I would like to suggest the following topics for 2007:

I would like to say that:

NAME (optional): .....

PLEASE SEND THIS QUESTIONNAIRE BACK TO

Ethnic Disability Advocacy Centre  
 320 Rokeby Road  
 SUBIACO 6008 WA







<b>RECOMMEND TO MY FRIENDS</b>								
		SD	D	A	SA	TOTAL	ATTENDED	
Financial aspects	1			4	11	15	19	79%
Legal aspects	2			5	10	15	17	88%
CentreLink information	3			6	7	13	15	87%
St John Ambulance	4			2	9	11	18	61%
Sexuality	5			6	5	11	19	58%
Look After yourself	6			8	7	15	20	75%
Let me speak	7			7	11	18	20	90%
				38	60	98	128	77%
Percentage responded								77%
Agree & Strongly Agree								100%
Strongly Agree								61.2%

#### COMMENTS:

- Pleasant experience especially attending with familiar people- better able to speak out.
- All the workshops we attended was very useful, and very helpful.
- I enjoyed very much and learnt new things in each workshop. These workshops have helped me gained a lot of information that were very useful in helping caring for my disabled child and my family. Thank you.
- The workshops were very useful to me.

#### SUGGESTIONS:

- First Aid again, more indepth legal issues, CentreLink issues as well as Disability issues.
- Legal-wills workshop
- I would like Financial wealth, CentreLink and St John Workshop.
- Follow-up on sexuality (too brief).
- St John Ambulance workshop